

World Running League Rules

Behavior/Content

1. All decisions made by the World Running League administration are final. If you have a question about the results, ask the administration using the Contact tab. If the question is resolved in an unsatisfactory manner, the matter may not be brought up again.
2. Discrimination against other members in the World Running League, for any reason, is absolutely not allowed. Users who do so are subject to being removed from the WRL immediately, without notice.
3. Users may not advertise their own product/website in any way that becomes annoying to other users. This includes spam Private Messages, spam Forum/Chat posts, or any other means of user communication. Users may promote their product/website in one of the following places: their forum signature, their status and/or the About section in the user's profile.
4. World Running League users may not participate in any illegal activity or any activity that may be construed as illegal on the WRL website. This includes posting links to external websites that host/promote/facilitate illegal activity.
5. Users may not post/link/promote any profane/obscene content. This includes text, images or any other type of media. Users who do so will be warned on the first offense and banned on any further occasions. It is up to the sole discretion of the World Running League administration to decide what content is profane/obscene.
6. Hacking is not permitted on the World Running League and users/ip address caught doing so, will be banned immediately without notice. Hacking includes guessing a user's password. Please remember that all activity on the World Running League website is logged and monitored.
7. Users in the World Running League may not post personal information including, but not limited to: email address, phone number, last name or street address. Users who must share this information, must use the Private Message system to keep the information private.

League Rules

1. Only mileage that is logged within the specified week period (Wed 12:01 AM EST – Fri 11:59 PM EST) will be counted in the World Running League.
2. The mileage at Friday 11:59 PM EST is the only mileage that will be counted, even if the mileage is in error.
3. If the difference between two team's mileage at Friday 11:59 PM EST is greater than (but not including) 1.00 miles, the team with the greater number of miles will be awarded 3 points and the team with the lesser number of miles will be awarded 0 points.
4. If the difference between two team's mileage at Friday 11:59 PM EST is less than or equal to 1.00 miles, both teams will be awarded 1 point.
5. At the end of the season, the top eight (8) teams will advance to the playoffs. Teams are ranked based on their number of points acquired throughout the eight (8) week season. If two (2) or more teams are tied with the same number of points at the end of the season, the team(s) with the greater total mileage will advance if they are in a qualifying position.
6. Mileage may not be "held" and synced at the last moment. It is understood that users may not be able to upload their miles right after a run, however, uploading lots of mileage at the last second gives an unfair advantage. It is up to the sole discretion of the World Running League

- administration to decide what constitutes as holding mileage.
7. In any playoff match, there will be no ties awarded. The team with the most mileage will advance, even if they are separated by 0.01 miles. If both teams are exactly equal, the team's W-L record will be consulted. If it is still a tie, the team's total mileage for the regular season will be consulted to determine the winner.
 8. Cheating is not tolerated in the World Running League and any user found cheating or attempting to cheat will be removed from the World Running League.
 9. If a user has not logged any mileage for two consecutive weeks, without notifying the World Running League by one of the following methods (Private Message, Contact Form or Email), the user is subject to being removed, if so requested through one of the aforementioned methods of contact by another World Running League user on the same team. A user who is removed will be notified by email (sent to the email address provided by the user during user registration) that they have been removed.
 10. If a user logs onto the World Running League website and finds that he/she has been removed (a notice will appear at the top of the website, when a removed user has logged in) and wishes to re-join, he/she may use to Contact form to let the World Running League administration of their intent. While they likely will not return to their original team, they will be placed at the top of the World Running League waiting list.

Release

By participating in the World Running League, you agree that:

1. Under no circumstance will the World Running League be held liable for any problem that may arise, due to the user's participation within the league. It is the user's duty to know his/her physical capabilities and not to exceed them while participating in this league.
2. The World Running League will not be responsible for any user-submitted data that is compromised as a result of hackers, crackers or the like. We highly recommend that the user's password should be different from any other web-based account. The only data stored in the World Running League database that is not accessible from the front-end of the website to any website visitor is the user's World Running League password, email address and IP address. Please note that an IP address can not identify or locate a user in any way. It simply allows the World Running League to track visitors and thus create a more user-friendly environment that is tailored to the individual user.
3. All decisions made by the World Running League administration are final.